

# Riverside Yacht Club

## 2019 Jr Sailing Spring Programs - NonMember



**Registration:** NonMembers must be registered for RYC Jr Sailing Program.  
To register please email Samantha Labuzetta at [sailingdirector@riversideyc.org](mailto:sailingdirector@riversideyc.org)

**Cancellation fee:** \$25 per child within one week of the event

### **Beating the Odds in the Protest Room**

A dynamic classroom workshop designed to teach Jr Sailors when to protest, what to expect in the protest room, and how to avoid the room in the first place. Hands-on activities guide Jr Sailors through the process from recognizing the foul on the water to presenting to a Protest Committee. The culminating activity of the day will be a mock protest where the Jr Sailors will serve as the sailors and Protest Committee. Jr Sailors will come away with a better understanding of the rules and a binder full of helpful resources and links to help them hone their knowledge of the rules and become more confident racers. Jr Sailors should bring a copy of the US Sailing Rulebook for 2017-2020 if possible. A minimum of 10 participants is required with advance registration.

Program Date:

April 27, 2019; 10:00am – 2:00pm

Registration:

\$105, includes lunch and materials

Register by April 20<sup>th</sup>

### **Race Committee Secrets for Jr Sailors**

A fun and dynamic workshop designed to demystify the Race Committee and race management process for Jr Sailors. Activities will focus on frequently used Race Committee flags and procedures, reading a Notice of Race, and decoding Sailing Instructions. The session will highlight starting procedures, setting marks and what hints this gives sailors, changed or shortened course procedures, and scoring. By the end of the day Jr Sailors will have designed their own version of a perfect (and fun) regatta. The curriculum is designed to help Jr Sailors be more confident and better prepared to compete in regattas. Jr Sailors will come away with a binder full of helpful resources and games to help them practice their new skills. Jr Sailors should bring a copy of the US Sailing Rulebook for 2017-2020 if possible. A minimum of 10 participants is required with advance registration.

Program Date:

April 28, 2019; 10:00am – 2:00pm

Registration:

\$105, includes lunch and materials

Register by April 21<sup>st</sup>

### **How to Become a Sailing Instructor**

A seminar designed for older Jr Sailors (13+) who are interested in learning more about become a Sailing Instructor or looking to apply to be an Instructor in 2020. We will cover what courses you need to take, what your resume should look like, how and when to apply for coaching positions in JSA, and coaching

opportunities around the country. The seminar will also cover the major Do's and Don'ts of the application and interview process including real-life examples. This will be a round table discussion, Jr Sailors are welcome to come prepared with questions if they have any. Jr Sailors will come away with a step-by-step guide to the process, helpful tips, and resources for once they start the process of becoming a US Sailing Certified Instructor. A minimum of 10 participants is required with advance registration.

Program Date:

May 22, 2019; 7:00pm – 8:30pm

Registration:

\$50, includes dinner and materials

Register by May 15<sup>th</sup>

### **Opti Spring Training**

On the water clinics for returning Opti sailors with a fun and dynamic racing focus. These clinics will focus on rigging, basic tuning, boat handling, boat speed, close-quarter maneuvering, slow-speed maneuvering, accelerating, and estimating time and distance for starting lines and mark roundings, Racing Rules of Sailing, and racing strategy and tactics. Prerequisite of RYC Snapper or equivalent. Jr Sailors must provide their own Opti and weather-appropriate clothing/gear. Curriculum is not progressive; Jr Sailors can attend one or all sessions. Space is limited, with a minimum of 4 participants. Advance registration required.

Program Dates:

May 4, 2019 (Saturday); 10:00am – 3:00pm

May 5, 2019 (Sunday); 10:00am – 3:00pm

Registration:

\$245 per session, includes lunch and snack

Register by April 27<sup>th</sup>

### **Rising Opti Stars**

On the water clinics for 2<sup>nd</sup> and 3<sup>rd</sup> year Opti sailors with focus on fun and learning. These clinics will focus on rigging, basic tuning, boat handling, boat speed, close-quarter maneuvering, slow-speed maneuvering, accelerating, and estimating time and distance for starting lines and mark roundings, and basic Racing Rules of Sailing. Prerequisite of RYC Snapper or equivalent. Jr Sailors must provide their own Opti and weather-appropriate clothing/gear. Curriculum is not progressive; Jr Sailors can attend one or both sessions. Space is limited, with a minimum of 4 participants. Advance registration required.

Program Dates:

June 8, 2019 (Saturday); 10:00am – 3:00pm

June 9, 2019 (Sunday); 10:00am – 3:00pm

Registration:

\$245 per session, includes lunch and snack

Register by June 1<sup>st</sup>

