



**Riverside Yacht Club  
Opti Invitational**

102 Club Road, Riverside, CT 06878  
Saturday, July 11, 2020

**SAILING INSTRUCTIONS**

**1 RULES**

- 1.1 The regatta will be governed by:
- a) The rules as defined in the Racing Rules of Sailing (RRS)
  - b) Optimist Class Rules
  - c) US Sailing SafeSport Handbook
- 1.2 The following RRS optional rule will apply:
- a) Appendix V1 Penalty at the Time of an Incident, and Appendix V2 Penalty Taken After a Race, will apply.
- 1.3 The following RRS are changed:
- a) RRS 64.4 (b) is changed to require a hearing before any action is taken.
  - b) RRS 61.1(a) is changed so that "A boat intending to protest about an incident that occurs in the racing area shall notify the Race Committee (RC) finish boat of her intention as soon as possible after finishing, without consultation with instructors, coaches or support persons, including (if possible) the boat identification number of the boat(s) being protested."
  - c) Competitors are required to wear a face cover during a protest hearing. This modifies RRS 63.1.
  - d) Oral changes to the Sailing Instructions may be made on the water per RRS 90.2(c) by hoisting Code Flag L on the Signal Vessel.

**2 NOTICES TO COMPETITORS**

Notices will be posted on the event webpage and sent via "GroupMe" to registered coaches and support boats. Coach boats and support vessel shall be registered for the regatta through the event webpage.

**3 SCHEDULE OF RACES**

- 3.1 As many races as possible are scheduled.
- 3.2 The racing schedule is as follows:

Time	Activity (examples)	Location (examples)
0900 - 0930	Check-In (RYC sailors only)	Junior Clubhouse
1000	Harbor Start (RYC sailors only)	Docks
1015-1045	OTW Safety Check-in for Support Boats and Competitors	Captain Harbor
1050	OTW Coaches Meeting via VHF #69	Captain Harbor (VHF)
1100	First Warning Signal	Captain Harbor
ASAP POST RACING	Awards	Announced via email. Trophies delivered 7/13/20.

- 3.3 Flag A displayed, with no sound, while boats are finishing means no more racing for the day.  
 3.4 No warning signal will be made after 1530 on July 13, 2019.

#### 4 CLASS FLAGS

- 4.1 The class flags will be:

<i>OPTI RED FLEET</i>	<i>RED FLAG</i>
<i>OPTI BLUE FLEET</i>	<i>BLUE FLAG</i>
<i>OPTI WHITE FLEET</i>	<i>WHITE FLAG</i>

- 4.2 If the Optimist fleet is divided by age, the class flags will be a colored flag matching the color of the age group, or the streamer assigned by the organizing authority. Boats shall display the assigned streamer from the top of their sprit pole at all times while racing.

#### 5 RACING AREA

The racing area will be within Captain Harbor.

#### 6 THE COURSES

- 6.1 The courses shall be a modified triangle or a modified trapezoid as shown in SI Appendix A.  
 6.2 For all courses the starting and finishing lines, including the marks that bound them, are an obstruction except when starting or finishing. Boats may pass on either side; but shall not pass through the line on a first or second leeward leg, or on a second windward leg.  
 6.3 The identifying letter of the course to be sailed will be displayed from the RC signal boat before or with the warning signal for each class.

#### 7 MARKS

- 7.1 Rounding marks will inflatable balls or tetrahedrons.  
 7.2 The starting marks will be a race committee signal boat displaying a flag at the starboard end and a race committee boat displaying a flag or a starting mark at the port end.  
 7.3 The finishing marks will be a race committee signal boat displaying a flag at the starboard end and an finishing mark at the port end.

#### 8 THE START

- 8.1 Races will be started using Appendix U, "Audible-Signal Racing System." This replaces RRS 26. Appendix U is changed as follows: U3 (signals): Audible signals shall govern and the following supplemental visual signals will be used: The class flag of the class to start will be hoisted with the warning signal and will be dropped at the start. If either RRS 30.1 (the "I flag rule"), RRS 30.2 (the "Z flag rule") or RRS 30.3 (the "U flag rule") is in effect, the appropriate flag will be displayed with or before the warning signal and will be dropped one minute before the start.

Signal	Time	Sound	Visual
Warning	3 minutes	3 long blasts	Class flag(s) raised
Preparatory	2 minutes	2 long blasts	Flag P, I, Z, or U raised
	1 minute, 30 seconds	1 long 3 short blasts	
	1 minute	1 long blast	Flag P, I, Z, or U lowered
	30 seconds	3 short blasts	
	20 seconds	2 short blasts	
	10 seconds	1 short blast	
	5-1 seconds	1 short blast every second	
Start	0	1 long blast	Class flag(s) lowered



- 8.2 A boat starting later than two minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A5.
- 8.3 The starting line will be between a staff displaying a flag on the race committee signal boat on the starboard end and the course side of a race committee boat displaying a flag or a starting mark at the port end.
- 8.4 Classes will start in the order shown in SI 6. If there is more than one class, after the start of the preceding class, the race committee will begin a new starting sequence.
- 8.5 A series of short sounds will be used to call attention just before each warning signal.
- 8.6 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

## **9 RECALLS OF OCS BOATS**

- 9.1 When an individual recall is signaled, the RC will attempt to hail the sail numbers of all boats that are OCS. This changes RRS 29.1.
- 9.2 If code flag "I" and/or "Z" and/or "U" or the black flag has been displayed, the RC will attempt to hail the sail number(s) of boats on the course side of the starting line during the minute before her starting signal.
- 9.3 Failure of the RC's amplification system, the order of the hails, or failure of a boat to hear her number hailed shall not be grounds for a boat to request redress. This changes RRS 62.1.

## **10 THE FINISH**

The finishing line will be between a staff displaying an flag on the starboard end finish mark and the port end finishing mark.

## **11 TIME LIMITS**

- 11.1 Time limits for the first boat in each class to finish shall be 60 minutes.
- 11.2 Boats failing to finish within 35 minutes after the first boat in their class sails the course and finishes will be scored Time Limit Expired (TLE) without a hearing. They shall receive points equal to the number of boats finishing before the time limit expired plus 2 points, but not worse than DNF. This changes RRS 35, 63.1, A4 and A5.

## **12 PROTESTS AND REQUESTS FOR REDRESS**

- 12.1 The PC requires that "Three Minute Justice" system set forth in SI Appendix B will be used. This changes RRS 63.2 & 63.6.
- 12.2 Competitors are required to wear a face cover/gaiter/buff during a protest hearing. This modifies RRS 63.1.
- 12.3 Scores posted online will be preliminary unless otherwise noted. Requests for redress or scoring inquiries must be received via email to [racecommittee@riversideyc.org](mailto:racecommittee@riversideyc.org) by 1800 on July 11, 2020. This changes RRS 62.2.
- 12.4 Protests under SI 17, 18 and 19 may be made only by the RC or PC.
- 12.5 Protests regarding infractions of SI 17, 18, 19 may be subject to a lesser penalty than DSQ at the discretion of the PC.

## **13 SCORING**

- 13.1 As many races as possible are scheduled. One race is required to constitute a regatta.
- 13.2 When fewer than six (6) races have been completed, a boat's series score will be the total of her race scores. When six (6) to nine (9) races have been completed, a boat's series score will be the total of her race scores excluding her worst score. When ten (10) or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.
- 13.3 Divisions that start together will be scored overall (*e.g., Optimist Red, Blue and White age groups may race as one fleet, even if separate sets*).



## **14 SAFETY REGULATIONS**

- 14.1 On the way to the racing area all competitors must sail or tow upwind through the on-the-water safety gate to check-in. The Safety Boats will be designated with orange safety flags marked with an S.
- 14.2 A boat that retires from a race shall notify a RC boat before leaving the racing area.

## **15 SUPPORT VESSELS**

- 15.1 Instructors, coaches and other support persons and spectators shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired, or the race committee signals a postponement or abandonment. Coaching is not permitted after a general recall.
- 15.2 Coaches and support personnel shall monitor the race committee VHF channel #69 and follow any safety instructions issued by the race committee.
- 15.3 Coaches and support boats will monitor VHF channel #69 for the coaches meeting as described in the schedule.

## **16 TRASH DISPOSAL**

Trash may be placed aboard support or official boats. Water refill stations will be available on RYC safety boats and race committee.

## **17 RADIO COMMUNICATION**

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications of any kind. This restriction also applies to mobile telephones and any other wireless devices.

## **18 FURTHER INFORMATION**

The Notice of Race, the Sailing Instructions, results and other information will be available at [www.riversideyc.org](http://www.riversideyc.org).

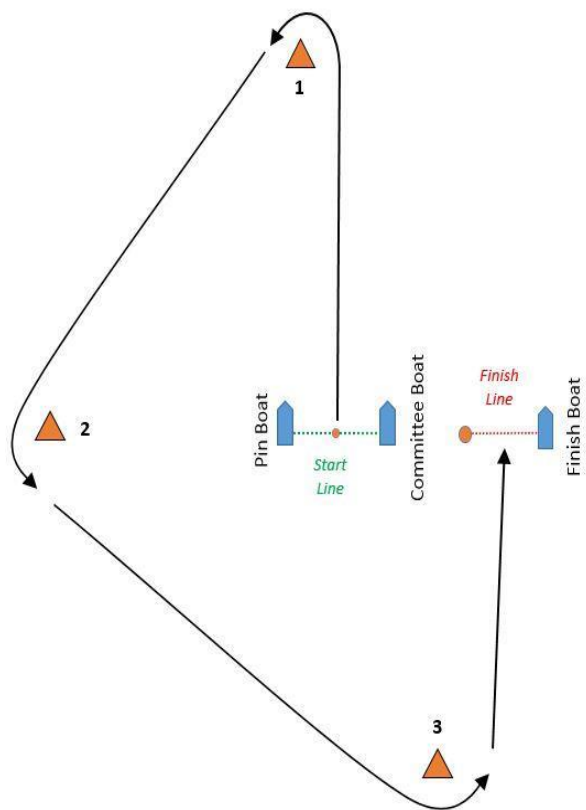
Regatta Chairperson:	Anthony Iaconis	<a href="mailto:aiaconis@dmoc.com">aiaconis@dmoc.com</a>
	Adam LaRosa	<a href="mailto:adam_larosa@bloomberg.net">adam_larosa@bloomberg.net</a>
	Danyelle LaRosa	<a href="mailto:danylaro@gmail.com">danylaro@gmail.com</a>
Principal Race Officer:	Mark Parry	<a href="mailto:mparry@mosessinger.com">mparry@mosessinger.com</a>
RYC Sailing Director:	Samantha Labuzetta	<a href="mailto:sailingdirector@riversideyc.org">sailingdirector@riversideyc.org</a>
Regatta Registration:	Emily Kuchta	<a href="mailto:juniorsailing@riversideyc.org">juniorsailing@riversideyc.org</a>



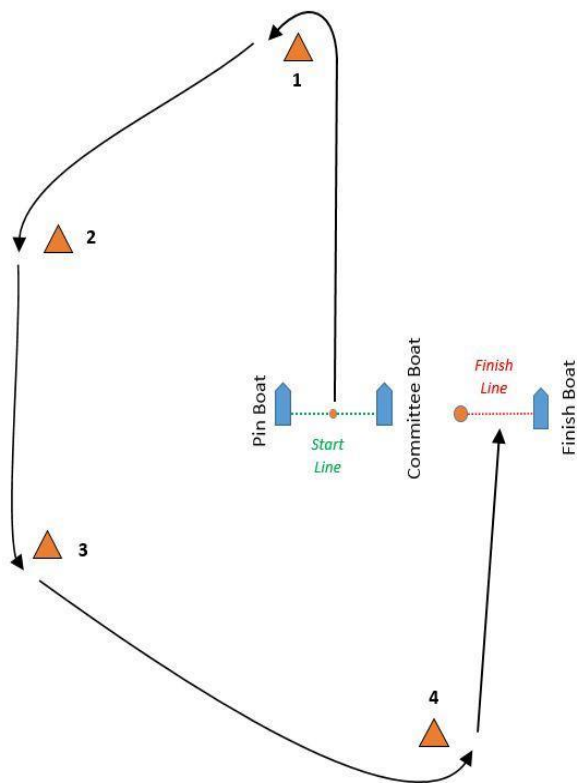
## SAILING INSTRUCTIONS: APPENDIX A

### Course Diagrams

Course A: Modified Triangle



Course B: Modified Trapezoid



## **SAILING INSTRUCTIONS: APPENDIX B**

### **Three Minute Justice**

#### **1 REQUIREMENTS**

The success of this system relies on competitors to take personal responsibility for improving not only their racing, but for also helping to support and improve the overall event and the sport. This means that the competitors are willing to accept the limitations of any system for the good of the whole, and are willing to work on and off the water to help improve themselves and support their fellow competitors and the event volunteers.

#### **2 ON THE WATER JURY SYSTEM**

- 2.1 The system requires an on-water PC of one to three people who are knowledgeable about the rules and who can make decisions within the context and limitations present. The “Three Minute Justice” system enables one competitor to protest another with a short hearing and immediate decision after the race.
- 2.2 The PC will be on the water in a separate, anchored or roving boat displaying a Judges flag.

#### **3 DECISION TREE**

- 3.1 Two or more boats are involved in a rules dispute during a race and one boat (Protestor) decides to protest another boat (Protestee).
- 3.2 Per SI 12.2, competitors are required to wear a face cover/gaiter/buff during a protest hearing.
- 3.3 The RC or their delegate will notify the Protestee that a protest has been filed.
- 3.4 As soon as practical, and before either involved team starts another race, the PC will hold a “Three Minute Justice” hearing:
  - a) One representative competitor from the Protestor and Protestee will tie on to the jury boat (which may be a signal boat).
  - b) At this time, the Protestor can withdraw his protest without penalty.
  - c) Once the competitors get on the boat and the hearing has begun, the Protestor has one minute to explain the reason for his protest.
  - d) The Protestee has one minute to explain his position.
  - e) The PC may dismiss the two competitors (competitor boats must be standing by) and will deliberate and reach a decision in 1 minute.
  - f) The decision of the PC is final and cannot be appealed.
- 3.5 The PC will notify the RC of the results of the hearing. The PC will also notify the Protestor and Protestee of the result.
- 3.6 In order to work with the sailors in a cooperative manner, the PC will be available between races to talk to competitors about the decision as practical.

