



Riverside Yacht Club

Junior Sailing 2021

Mission Statement

The mission of RYC's Junior Sailing Program is to create a safe and fun environment where young sailors can set their own course – racing or recreational – and feel encouraged, supported, and challenged when out on the water.

2021 Junior Sailing Staff



Grace Flanagan, Junior Sailing Assistant

TJ Danilek, Head Instructor

Liam Ballou

Lise Powers

Sophie Brett

Jackie Quirke

Francesca Edmands

Chase Reynolds

Audrey Fung

Skye Risom

Sam Gavula

Sofia Segalla

Will Kneisley

Katharine Stoker

Andrew Powers

TJ Stoker

Important Dates



Boat Checks & Opening Ceremonies: Saturday, June 19

First Day of Program: Wednesday, June 23

Opti Area B at RYC: Sunday, July 11

Opti Vespers: Wednesday, July 14

Parent Child Regatta: Sunday, July 25

Opti Vespers: Wednesday, July 28

Monkey Cup (No Jr Sailing Program): Thursday, August 5

Island Beach BBQ: Wednesday, August 11

Last Day of Jr Program & Awards Banquet: Friday, August 13

AM Junior Sailing Classes

9am – 12pm



Snapper

Barracuda

Dorado

Intro to Double-Handed (T/Th)

PM Junior Sailing Classes

1pm – 5pm



Opti RWB

Opti Development Team

Opti Race Team

Feva

C420

Laser

Recreational Sailing

Taste of Sailing

Evening Junior Sailing Classes



Junior Big Boat

Classroom: Monday 6pm-9pm

On the Water: 5:30pm – 8:30pm

Junior Sailing Essentials



A BOAT!

- All Opti classes
- Feva, C420, or Laser

USCG Approved PFD (Type III)

- Clearly labeled with name
- With a whistle

Face Covering (for use indoors)

Bathing Suit

Closed-toe shoes

Sunglasses

Hat

Sunblock

Reusable water bottle

Towel

Foul weather gear

Warm / dry change of clothing

Pinnie if racing or C420

Junior Regattas

Formal JSA regattas are back!

Regatta dates are posted on JSA calendar.

www.jsalis.org



Register for regattas through the RYC website. RYC registration deadlines for each regatta are posted on the regatta registration page.

To change or modify a registration already placed email Grace.

Friday FunDays



June 25: Halloween Day

July 2: USA Day

July 9: Pancake Day (no dress-up theme)

July 16: Pirates Day

July 23: RYC Olympics

July 30: Christmas in July

August 6: Scavenger Hunt (team themed TBD by teams)

August 13: Adventure Sail (no dress-up theme, no PM classes)

Advice for Parents



Create a community of sailing parents.

Reach out for help, don't feel intimidated. Everyone was new once.

If you want to get more involved just ask.

Regatta volunteers

Parent of the Day

Instructor Lunches

Snapper



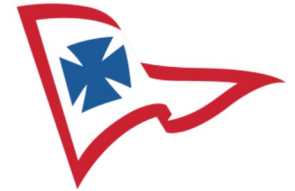
Ages: 7-9yrs

Prerequisite: Comfortable swimming

Curriculum Overview:

- Mastery of basic sailing vocabulary, boating safety, and knots
- Mastery of basic boat set-up and tuning
- Demonstrate mastery of basic boat-handling skills and seamanship
- Mastery of basic racing and navigation
- Emphasizes sportsmanship, teamwork, and responsibility
- RYC Green Fleet Regatta – Monkey Cup

Barracuda



Ages: 8-10yrs

Prerequisite: Snapper or Sailing Director approval

Curriculum Overview:

- Mastery of novice sailing vocabulary, boating safety, and knots
- Mastery of novice boat set-up and tuning
- Demonstrate mastery of novice boat-handling skills and seamanship
- Mastery with novice racing and navigation including into to RRS
- Emphasizes sportsmanship, teamwork, and responsibility
- RYC Area B regatta, Monkey Cup, Vespers and other JSA regattas

Dorado



Age: 9-11yrs

Prerequisite: Barracuda or Sailing Director approval

Curriculum overview:

- Mastery of intermediate sailing vocabulary, boating safety, & knots
- Mastery of intermediate boat set-up and tuning
- Demonstrate mastery of intermediate boat-handling skills and seamanship
- Mastery of intermediate racing and navigation
- Emphasizes sportsmanship, teamwork, and responsibility
- RYC Area B regatta, Monkey Cup, Vespers and other JSA regattas

Opti RWB



Ages: 10-15yrs

Prerequisite: Comfortable swimming

Curriculum Overview:

- Mastery of novice sailing vocabulary, boating safety, and knots
- Mastery of novice boat set-up and tuning
- Demonstrate mastery of novice boat-handling skills and seamanship
- Mastery with novice racing and navigation including into to RRS
- Emphasizes sportsmanship, teamwork, and responsibility
- Local regattas and events

Opti Development Team



Age: 11-15yrs

Prerequisite: Dorado or Sailing Director approval

Curriculum Overview:

- Familiarity with advanced sailing vocabulary, boating safety, and knots
- Familiarity with advanced boat set-up and tuning
- Demonstrated familiarity with advanced boat handling skills
- Developmentally appropriate understanding of racing and navigation
- Emphasizes good sportsmanship, teamwork, and responsibility
- Local and/or regional regattas and events

Opti Race Team



Age: 11-15yrs

Prerequisite: RYC Opti Development Team or Sailing Director approval

Curriculum overview:

- Competitive class focused on advanced Opti racing skills and techniques
- Mastery of advanced boat set-up, tuning, boat-handling, vocabulary, and knots
- Developmentally appropriate mastery of racing strategy, tactics, and a working understanding of the RRS
- Emphasizes sportsmanship, teamwork, and responsibility
- Local and regional regattas and events

Intro to Double-Handed



Ages: 11 - 18yrs

Prerequisite: Dorado or Sailing Director approval

Curriculum Overview:

- Develop familiarity with double-handed sailing (Feva and Hobie)
- Mastery of basic double-handed sailing vocabulary and safety
- Mastery of basic double handed boat set-up and tuning
- Demonstrate mastery of basic double-handed boat-handling skills and seamanship
- Develop familiarity with basic double-handed racing and navigation
- Emphasizes sportsmanship, teamwork, and communication

Feva



Age: 12-18yrs

Minimum Combined Crew Weight: 180lbs

Prerequisite: Afternoon Opti, Recreational Sailing, or Sailing Director approval.

Curriculum overview:

- Progressive curriculum focused on Feva racing skills & techniques
- Mastery of advanced boat set-up, tuning, boat handling, asymmetrical spinnaker work, vocabulary, and knots
- Developmentally appropriate mastery of racing strategy and tactics along with a working understanding of the RRS
- Emphasizes sportsmanship, teamwork, and communication
- Local and regional regattas and events

C420



Age: 14-18yrs

Minimum Combined Crew Weight: 220lbs

Prerequisite: Race Feva, Laser, or Sailing Director approval.

Curriculum overview:

- Progressive curriculum focused on 420 racing skills & techniques
- Mastery of advanced boat set-up, tuning, boat handling, symmetrical spinnaker and trapeze work, vocabulary, and knots
- Developmentally appropriate mastery of racing strategy and tactics along with a working understanding of the RRS
- Emphasize sportsmanship, teamwork, and communication
- Local regattas and events
- Pinnies required for practice as well as regattas

Laser



Age: 14-18yrs

Minimum Weight: 110lbs (Radial), 130lbs (Standard)

Prerequisite: Race Feva or 8wk Recreational Sailing or Sailing Director approval.

Curriculum overview:

- Progressive curriculum focused on Laser racing skills & techniques
- Mastery of advanced boat set-up, tuning, boat handling, vocabulary, and knots
- Developmentally appropriate mastery of racing strategy and tactics along with a working understanding of the RRS
- Emphasizes sportsmanship, teamwork, and responsibility
- Local regattas and events

Taste of Sailing



Age: 10-18yrs

Prerequisite: Comfortable swimming

Curriculum Overview:

- Fun and dynamic introductory program
- Introduction to sailing vocabulary, knots, and boating safety
- Introduction to basic boat-handling skills and seamanship
- Activities will focus on good sportsmanship, teamwork, and communication
- Have fun!

Recreational Sailing



Age: 11-18yrs

Prerequisite: Comfortable swimming

Curriculum overview:

- Fun and dynamic classes taught in a variety of boats (Feva, Hobie, Ideal 18)
- Mastery of basic boat set-up for a variety of boats
- Mastery of novice boat-handling including docking and mooring
- Mastery of novice sailing vocabulary, concepts, and seamanship
- Novice understanding of RRS and Right-of-Way navigation rules
- Understanding of novice navigation and cruising skills
- Emphasizes sportsmanship, teamwork, and communication
- Opportunity to participate in “fun-gattas”

Junior Big Boat



Age: 14-18yrs

Prerequisite: 3yrs Junior Sailing at RYC or Sailing Director approval

Curriculum overview:

- Competitive class focused on PHRF and Offshore racing
- OTW practices and Navigation classroom component
- Master keelboat set-up, tuning, boat handling, & vocabulary
- Developmentally appropriate mastery of racing strategy and tactics along with working understanding of the RRS
- Emphasize teamwork, communication, and responsibility
- Junior Big Boat Team will participate to all appropriate regattas
- Mandatory Navigation/Seamanship Exam and Safety at Sea Seminar

Reminders



Make sure your boat is ready for boat checks on June 19th.

Don't forget to sign-up for a boat check appointment.

You need a face covering and a PFD every day.

HAVE FUN!

2021 Junior Sailing Contacts



Samantha Labuzetta, Sailing Director

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2021 Junior Sailing Chairs

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Danyelle LaRosa, danylaro@gmail.com